



Lesson Four

“Ministering Healing - One”

Objective: *To train and equip students to minister physical healing.*

I. Covenant Right to Healing and to Heal the Sick

Healing is promised to every person who will receive it by the power of God through faith. Authority to heal the sick has been given to every disciple. A disciple is a believer and a follower of Jesus Christ who disciplines him or her/self to carry on with the same ministry that Jesus began on earth. **Acts 10:38**

1. Health is the _____ of God for everyone.

3 John 2-3 NKJV *Beloved, I pray that you may prosper in all things and be in health, just as your soul prospers.*

2. Health and healing is part of our _____ right. Matt. 26:26-28

Isa 53:5 NKJV *But He was wounded for our transgressions, He was bruised for our iniquities; The chastisement for our peace was upon Him, **And by His stripes we are healed.***

Covenant with God is made through innocent blood. Jesus shed His innocent blood for healing in every area of life and sickness. Our God loves us so much that He endured more than a brutal execution for our sins. He suffered and bled all the way from the garden of Gethsemane to Calvary and even shed blood from His side after He was already dead.

Let's look at the ways He shed covenant blood and what they represent.

1. _____ – Matthew 26:36-38; Luke 22:44

This is a medical condition called *hematohidrosis* – *It is very rare but well known. Around the sweat glands, there are multiple blood vessels in a net-like form. Under the pressure of great stress and anxiety the vessels constrict. As the anxiety passes, the blood vessels dilate to the point of rupture. The blood goes into the sweat glands and is pushed to the surface where it mixes with the sweat and is released.*

The stresses of life can feel unbearable to us at times **but Jesus shed covenant blood to provide for relief and ease from stress and anxiety.** Today more and more people are afflicted with stress causing them to seek medical help through prescriptions and counseling. Both prescriptions and counseling can be effective, but not God's best. Freedom and deliverance from stress and anxiety belongs to the believer through our

covenant contract with God. Isaiah 53 tells us that *the chastisement for our peace was upon Him*.

When you minister to someone who is experiencing stress and anxiety assure them that **it is their covenant right to be set free** from worry, stress, anxiety, PTSD, OCD and other anxiety related issues and the effects of it because stress leads to other illnesses such as heart attacks, stroke and cancer. Stress and anxiety are connected to a spirit of fear.

1 Peter 5:7 AMP Casting the ^[a]whole of your care [all your anxieties, all your worries, all your concerns, ^[b]once and for all] on Him, for He cares for you affectionately and cares about you ^[c]watchfully.

2 Tim 1:7 For God did not give us a spirit of timidity (of cowardice, of craven and cringing and fawning fear), but [He has given us a spirit] of power and of love and of calm and well-balanced mind and discipline and self-control.

2. _____ – Luke 23:63-65; Isaiah 50:5

Jesus was beaten and mocked by the soldiers. He was humiliated, spit on and bullied, yet He opened not His mouth. He bore the shame and disgrace of our iniquities without opening His mouth.

Isa 53:7 NKJV He was oppressed and He was afflicted, Yet He opened not His mouth; He was led as a lamb to the slaughter, And as a sheep before its shearers is silent, So He opened not His mouth.

Through the beating and hitting, He was bruised. Isaiah 53 tells us that *He was bruised for our iniquities*. Bruises are blood that flows freely **under the surface** of the skin. Iniquities are hidden shameful sins under the surface that are often **generational iniquities and infirmities** that can come through familiar spirits. Some sicknesses are spirits of infirmity caused by iniquity. We have power and authority to cast them away.

Luke 13:11-13 NKJV And behold, there was a woman who had a spirit of infirmity eighteen years, and was bent over and could in no way raise herself up. 12 But when Jesus saw her, He called her to Him and said to her, "Woman, you are loosed from your infirmity." 13 **And He laid His hands on her**, and immediately she was made straight, and glorified God.

In Isaiah 53 we see that He was wounded **for our transgression** and **bruised for our iniquities**. Transgressions are a missing of the mark, sins that we commit without much thought or awareness. Iniquities are different in that they can have a stronghold on us that lead to unrighteous conscious decisions to sin because of a compulsion or bent towards a certain area of sin. Jesus shed His blood for both.

3. _____ – John 19:2-3

Jesus received the crown of thorns for our covenant right to blessing.

Gen 3:17-19 NKJV *"Cursed is the ground for your sake; In toil you shall eat of it All the days of your life. 18 Both thorns and thistles it shall bring forth for you, And you shall eat the herb of the field. 19 In the sweat of your face you shall eat bread till you return to the ground..."*

In the curse upon the ground, God removed His favor and natural blessings from Adam. Before the curse God made every tree to grow that was good for Adam and Eve to eat. With the crown of thorns, covenant blood was shed to restore the favor of God to our lives through the work of our hands. He causes what we touch to prosper. Sadly many believers do not know this so they do not stand on the promise of our covenant right to the favor and blessings of God. When ministering healing to others, this is a need that will often come up. As Jesus' disciple, you can minister with confidence knowing that Jesus has provided for favor and blessing in life.

4. _____ – Matthew 27:26

Isaiah 53:5 AMP *But He was wounded for our transgressions, He was bruised for our guilt and iniquities; the chastisement [needful to obtain] peace and well-being for us was upon Him, **and with the stripes [that wounded] Him we are healed and made whole.***

Ps 129:3 NKJV *The plowers plowed on my back; They made their furrows long."*

Isa 52:13-14 MSG *"Just watch my servant blossom! Exalted, tall, head and shoulders above the crowd! 14 But he didn't begin that way. At first everyone was appalled. **He didn't even look human — a ruined face, disfigured past recognition.***

1 Peter 2:24 MSG *His wounds became your healing.*

Through the violent scourging with the cat of nine tails coming down on His back thirty nine times, Jesus shed covenant blood for the healing of our bodies. The price is paid for healing! It's a covenant right that we minister to others and ourselves.

5. _____ – Psalm 22:1-18; Matthew 27:35

Col 1:20 MSG *...all the broken and dislocated pieces of the universe — people and things, animals and atoms — get properly fixed and fit together in vibrant harmonies, all because of his death, his blood that poured down from the Cross.*

The blood that flowed from His death on the cross puts us back in right relationship with God. He paid the sin penalty of death by creating the Servant Body of Jesus to die in our place.

Heb 7:26-27 NKJV *For such a High Priest was fitting for us, who is holy, harmless, undefiled, separate from sinners, and has become higher than the heavens; 27 who does not need daily, as those high priests, to offer up sacrifices, first for His own sins and then for the people's, for this He did once for all when He offered up Himself.*

Heb 9:14 NKJV *how much more shall the blood of Christ, who through the eternal Spirit offered Himself without spot to God, **cleanse your conscience** from dead works to serve the living God?*

The burden of our sin was represented in the cross that He carried. He lifted **the burden of sin** from us. Many times when ministering healing to others, they will need to have the burden of sin lifted by being reassured that their sins are forgiven. Our adversary the devil, accuses us in our hearts and minds as long as we will listen to him.

Many believers cannot discern the voice of the enemy satanically attacking them through their minds. One of his greatest weapons is to accuse us to ourselves that we are unworthy or unable to be forgiven. It brings a hopelessness that is hard to overcome if we are not taught the truth of the power of the cross to bring forgiveness and justification.

1 John 1:9 NKJV *If we confess our sins, He is faithful and just to forgive us our sins and to cleanse us from all unrighteousness.*

6. _____ – **John 19:34**

The symbolic truth of this moment is that His church, the Bride of Christ was created with the symbolic shedding of the blood from His side while He slept in death. It's a picture of Adam sleeping while God His Father took out the rib from his side to create His bride, Eve. The church was taken from His side. The Disciples who had been by His side throughout His earthly ministry would soon be filled with the Holy Spirit power that would turn this whole world upside down! The water and blood from His side represents the living water that flows from the Holy Spirit in our hearts.

John 7:38-39 NKJV *He who believes in Me, as the Scripture has said, **out of his heart will flow rivers of living water.**" 39 But this He spoke concerning the Spirit, whom those believing in Him would receive;*

With the power of the Holy Spirit, we have the power and authority to heal others in Jesus name.

Mark 16:17-18 NKJV *And these signs will follow those who believe: In My name they will cast out demons; they will speak with new tongues; 18 they will take up serpents; and if they drink anything deadly, it will by no means hurt them; they will lay hands on the sick, and they will recover."*

Acts 1:8 AMP *But you shall receive **power (ability, efficiency, and might)** when the Holy Spirit has come upon you, and you shall be My witnesses in Jerusalem and all Judea and Samaria and to the ends (the very bounds) of the earth.*

We will be learning about the authority to heal, Power of the Holy Spirit filled believer, The anointing with oil, laying on of hands, speaking the word...